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Cardiovascular outcomes among HIV-infected veterans receiving atazanavir: a US national historical cohort study

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Abstract

Objective: Patients with HIV infection have an increased risk of cardiovascular disease compared with uninfected individuals. Antiretroviral therapy with atazanavir delays progression of atherosclerosis markers; whether this reduces cardiovascular disease event risk compared with other antiretroviral regimens is currently unknown.

Design: Population-based, non-interventional, historical cohort study conducted from July 1, 2003, through December 31, 2015.

Setting: Veterans Health Administration (VHA) hospitals and clinics throughout the United States.

Participants: Treatment-naïve patients with HIV infection (*N*=9500).

Antiretroviral exposures: Initiating antiretroviral regimens containing atazanavir, other protease inhibitors (PIs), non-nucleoside reverse transcriptase inhibitors (NNRTIs), or integrase strand transfer inhibitors (INSTIs).

Main outcome/effect size measures: Incidence rates of myocardial infarction (MI), stroke, and all-cause mortality within each regimen. Atazanavir versus other PI, NNRTI, or INSTI covariate-adjusted hazard ratios using Cox proportional hazards models and inverse probability of treatment weighting (IPTW).

Results: Incidence rates for MI, stroke, and all-cause mortality with atazanavir-containing regimens (5.2, 10.4, and 16.0 per 1000 patient-years, respectively) were lower than with regimens containing other PIs (10.2, 21.9, and 23.3 per 1000 patient-years), NNRTIs (7.5, 15.9, and 17.5 per 1000 patient-years), or INSTIs (13.0, 33.1, and 21.5 per 1000 patient-years). After IPTW, adjusted hazard ratios (95% confidence intervals) for MI, stroke, and all-cause mortality with atazanavir-containing regimens versus all non-atazanavir-containing regimens were 0.59 (0.41–0.84), 0.64 (0.50–0.81), and 0.90 (0.73–1.11), respectively.

Conclusions: Among treatment-naïve HIV-infected patients in the VHA initiating atazanavir-containing regimens, risk of both MI and stroke were significantly lower than in those initiating regimens containing other PIs, NNRTIs, or INSTIs.

Keywords: atazanavir; cardiovascular disease; HIV; myocardial infarction; stroke

Introduction

Among patients with HIV infection, estimated life expectancy at age 20 has increased from 36.1 additional years during 1996–1999 [1] to 53.1 during 2008–2011 [2] because of progressive improvements in antiretroviral therapy (ART) regimens and earlier diagnosis and treatment [3,4]. Despite these improvements, a significant gap remains compared with the uninfected population for whom life expectancy at 20 years in 2011 was estimated at an additional 59.5 years [5]. This gap is likely due to a corresponding increase in chronic comorbidities, for which the increasingly aging HIV-infected population is at greater risk [6,7].

Numerous large cohort studies have shown that morbidity and mortality from cardiovascular disease are more than 50% greater in HIV-infected individuals than in uninfected individuals. In most studies, this difference persists even after adjustment for differences in traditional risk factors such as smoking, hypertension, dyslipidemia, and diabetes mellitus [8-15].

Reasons for the increased cardiovascular risk among patients with HIV infection are multifactorial, including a greater prevalence of traditional risk factors such as smoking [16], an increase in calcified and noncalcified atherosclerotic plaques [17], HIV-associated oxidative stress [18], and ART-associated proatherogenic effects such as dyslipidemia, body fat redistribution, and insulin resistance [19,20]. Additionally, HIV-associated immune activation and inflammation [20-22], as indicated by increased markers such as high-sensitivity C-reactive protein (hs-CRP) [23,24], interleukin-6 [23-25], and D-dimer [23,24], has been associated with an increase in cardiovascular risk in some but not all studies [26].

While ART reduces the overall risk of cardiovascular disease compared with untreated HIV infection [27], certain nucleoside reverse transcriptase inhibitors (NRTIs), such as abacavir and didanosine, and protease inhibitors (PIs), such as indinavir, ritonavir-boosted lopinavir [28], and in preliminary findings, ritonavir-boosted darunavir (DRV/r) [29], have been associated with an increased relative risk.

There has been interest in studying the impact of atazanavir (ATV) on markers of cardiovascular disease. ATV inhibits uridine diphosphate glucuronosyltransferase 1A1, which can often lead to hyperbilirubinemia caused by reduced bilirubin glucuronidation and excretion [30]. This hyperbilirubinemia is generally asymptomatic but can lead to jaundice/scleral icterus in 5–10% of patients, which is reversible upon discontinuation [31]. Bilirubin is a potent antioxidant that suppresses the oxidation of lipids and impacts various other aspects of the atherosclerotic process [32]. Epidemiological studies of individuals with Gilbert syndrome, a condition associated with chronic low-level hyperbilirubinemia, suggest that these individuals have an approximately 50% lower risk of cardiovascular disease compared with the general population [33].

In some studies, treatment with ritonavir-boosted ATV (ATV/r) has been shown to be associated with favorable effects on surrogates of cardiovascular disease, such as carotid intima-media thickness (cIMT) progression [34-37] and other functional biomarkers [38-40]. However, the clinical significance of these relative cIMT (e.g. ATV/r vs DRV/r changes of –4.7 [at common carotid artery] to –6.2 μm/year [at carotid bifurcation]) [35] and biomarker improvements with ATV/r is unclear, as there are very limited data examining the impact of ATV/r on the risk of cardiovascular events, such as myocardial infarction (MI) and stroke. The only data to date are from the Data Collection on Adverse

Events of Anti-HIV Drugs (D:A:D) study, which suggested that ATV/r was not associated with an increased risk of MI or stroke, although no significant decrease in risk was found [29,41].

To further explore the relative impact of ATV on the risk of MI and stroke compared with other antiretroviral agents, we conducted a historical cohort study of HIV-infected treatment-naïve patients in the US national Veterans Health Administration (VHA) database who initiated ATV-containing regimens versus those who initiated non–ATV-containing regimens.

Methods

Patients and study design

This was a population-based, historical cohort study of treatment-naïve HIV-infected patients newly initiating ART in VHA hospitals and clinics from July 1, 2003, through December 31, 2015. The VHA represents the largest integrated health care delivery system in the United States, with more than 33,000 HIV-infected individuals receiving care at 150 hospitals and 850 clinics throughout the United States. The VHA collects data on utilization (e.g., pharmacy records and inpatient/outpatient encounters), clinical parameters (e.g., vital signs, laboratory results, and radiology reports), and demographics (e.g., age, sex, and race/ethnicity). Data for this study were extracted from several VHA datasets (see Supplemental Table S1, http://links.lww.com/QAD/B137) hosted in the Veterans Affairs (VA) Informatics and Computing Infrastructure (VINCI) environment, which links relevant data using the VHA's scrambled social security number, a unique anonymized patient identifier, as well as data from the Centers for Medicare and

Medicaid Services (CMS). The study was conducted in accordance with International Society for Pharmacoepidemiology Guidelines for Good Pharmacoepidemiology Practices and applicable regulatory requirements. The University of Utah Institutional Review Board and the Salt Lake City VA Health Care System Office of Research and Development approved this study.

Inclusion criteria

The cohort of interest included all treatment-naïve HIV-infected patients diagnosed between July 1, 2003, and December 31, 2015, who received their first ART regimen while in the VHA health care system during the study period. Diagnosis codes from the 9th and 10th Revisions of the International Classification of Diseases (ICD-9/10) were used to identify patients with HIV infection (for a list of codes, see Supplemental Table S2, http://links.lww.com/QAD/B137). The index date was defined as the date of the first prescription for initial ART with a PI (atazanavir, darunavir, lopinavir, saquinavir, indinavir, nelfinavir, fosamprenavir, and tipranavir), an integrase strand transfer inhibitor (INSTI; raltegravir, elvitegravir, and dolutegravir), or a non-nucleoside reverse transcriptase inhibitor (NNRTI; efavirenz, rilpivirine, and nevirapine) plus 2 or more other agents of the NRTI class.

Exclusion criteria

A validated algorithm [42] with a sensitivity of 86% and positive predictive value of 87% [43] was used to exclude patients with evidence of prior ART received outside of the VHA, which included the following criteria: exposure to any antiretroviral agents during a 1-year period before the index date (the pre-index period); patients whose index ART

regimen was a "salvage" regimen (i.e., composed of both a PI and an NNRTI or composed of 5 or more agents); and patients whose HIV RNA levels before the index date were low enough (<500 copies/mL) to suggest prior antiretroviral exposure.

Patients not demonstrating a pattern of receiving routine care from the VHA (i.e., no inpatient or outpatient encounter for at least 6 months before the index date) were also excluded.

Outcomes and covariates

Outcomes of interest included MI, stroke (ischemic, including transient ischemic attack, and hemorrhagic), and all-cause mortality. Diagnosis codes from ICD-9 and ICD-10 were used to identify MIs and strokes, including 410 (ICD-9) and I21–I22 (ICD-10) for MI and 430–434 (ICD-9) and I60–I64 (ICD-10) for stroke, based on the condition algorithms published by the CMS Chronic Conditions Data Warehouse [44] (see Supplemental Table S3, http://links.lww.com/QAD/B137 for further information). The use of ICD-9 and ICD-10 diagnostic codes from administrative data identifies cases of acute MI and stroke with over 90% accuracy [45,46]. Deaths were identified from the VHA Vital Status files, which contain death records for patients from sources such as the Veterans Benefits Administration, Social Security Administration, Medicare, and VA National Cemetery Administration.

To control for selection bias and confounding by indication, analyses were adjusted for relevant variables that were selected on the basis of extensive literature search as well as prior clinical knowledge of ART and potential associations with treatment and/or outcomes. Within the pre-index period, baseline patient characteristics (age, sex, race,

body mass index, and marital status) and HIV-related prognostic indices (CD4⁺ cell count and HIV RNA level) were collected most proximal to each patient's index date.

Comorbid diagnoses known to be associated with outcomes of interest and/or possibly ART choice were also collected during the pre-index period. These included a previous history of coronary artery disease/cerebrovascular disease (MI, stroke, heart failure, percutaneous coronary intervention, coronary artery bypass graft, and angina), hepatitis, dyslipidemia, statin use, diabetes, hypertension, alcohol abuse, illicit drug use, psychiatric disorder, and smoking. Medication exposures, including hepatitis treatments, antidyslipidemic agents, antihyperglycemic agents, antihypertensives, and abacavir, were also collected during the pre-index period. Identification of comorbidities was based on both diagnosis codes and treatments where applicable (see Supplemental Table S4, http://links.lww.com/QAD/B137).

Statistical analysis

Patient characteristics and covariates at baseline were reported using means and standard deviations for continuous variables and frequencies and proportions for categorical variables. Differences in baseline variables were compared overall and by treatment group using standardized mean differences (SMDs), with SMDs outside of the bounds of ±0.1 indicating meaningful differences [47].

To control for confounding by indication and selection bias, patient groups were weighted to balance differences in covariates through the use of inverse probability of treatment weighting (IPTW). IPTW is an application of propensity scores (PS) that provides superior covariate balance, can be used with variable follow-up time, and uses all observations in the data set [48]. The PS used to compute the inverse probability

weights was estimated by using logistic regression with ATV as the dependent variable and observed baseline characteristics, likely to influence ART selection and the outcomes of interest, as the independent variables. Inverse probability weights were calculated as 1/PS in patients who received ATV and 1/(1-PS) in patients who did not. In addition to the primary analysis using IPTW, a number of sensitivity analyses were performed, including using matching weights, truncated IPTW, stabilized weights, doubly-robust analysis, IPTW with imputation of missing data, IPTW with adjustment for calendar year, and IPTW with adjustment for guideline changes. For further details of these procedures, see the Supplemental Digital Content (Statistical methods for covariate adjustment).

Crude incidence rates of MI, stroke, and death from any cause per 1000 patient-years (PYs) of exposure and associated exact 95% confidence intervals (CIs) were calculated in the unweighted cohort assuming a Poisson distribution.

Weighted Cox proportional hazards regression models were employed to calculate covariate-adjusted hazard ratios for cardiovascular outcomes associated with ATV-containing regimens compared with those receiving other PI-containing regimens, NNRTI-containing regimens, INSTI-containing regimens, and non–ATV-containing regimens overall. Within this survival analysis framework, patients were censored on the first date of any 30-day gap in the index ART regimen (to limit confounding caused by multiple exposures to different antiretroviral regimens over time), the last encounter in the VHA system, or at the end of the study period. To confirm successful weighting, the SMDs for baseline characteristics between treatment groups were calculated again in the weighted cohort and graphically compared to those in the unweighted cohort. Weighted

SMD values within $\pm 10\%$ and closer to zero demonstrate covariate balance between treatment groups [47].

Formal sample size and power calculations were not considered to be necessary because the large number of patients available within the VHA system was regarded as sufficient to detect meaningful differences in event rates for MI and stroke.

Results

Patients

The cohort selection process and attrition from patients not meeting study criteria are described in the PRISMA flow diagram (Fig. 1). Of the final cohort of 9500 patients, 1529 (16.1%) were receiving an ATV-containing regimen (82.6% boosted and 17.4% unboosted) and 7971 (83.9%) a non–ATV-containing regimen. Of these latter patients, 2053 (21.6%) were receiving PI-containing regimens with a PI other than ATV (mostly lopinavir), 5307 (55.9%) an NNTRI-containing regimen (mostly efavirenz), and 611 (6.4%) an INSTI-containing regimen. Of the 9500 patients, the distribution receiving NRTIs was 6784 (71.4%) for tenofovir disoproxil fumarate, 5930 (62.4%) for emtricitabine, 3454 (36.4%) for lamivudine, 2029 (21.4%) for zidovudine, 1299 (13.7%) for abacavir, 394 (4.2%) for stavudine, and 351 (3.7%) for didanosine, with most patients being on 2 of these NRTIs.

Mean age at ART initiation was 50 years, 93% were male, 56.3% were African-American, 26.9% had a CD4+ count <200 cells/mm³, 18.6% had an HIV-RNA >100,000 copies/mL, 10.4% had a prior history of cardiovascular disease, 35.0% had hypertension, 13.3% had diabetes mellitus, 28.2% used tobacco, and 11.5% were receiving statins.

While most baseline and demographic characteristics before weighting appeared balanced across treatment groups (Table 1), and the majority of unadjusted SMDs in baseline covariates were within ± 0.1 (the threshold commonly considered as representing meaningful differences), a number of differences across treatment groups were evident (Fig. 2 and Supplemental Fig. S1, http://links.lww.com/QAD/B137). Thus, male patients, patients of African American origin, patients with mildly impaired renal function, and patients with psychiatric disorder were overrepresented in those receiving ATV- versus other PI-containing regimens (Supplemental Fig. S1A, http://links.lww.com/QAD/B137). Patients receiving abacavir in the index regimen, patients with a diagnosis of and/or receiving treatment for viral hepatitis, and patients with psychiatric disorder were overrepresented in those receiving ATV- versus NNRTI-containing regimens (Supplemental Fig. S1B, http://links.lww.com/QAD/B137). Patients of African American origin, patients with mild-to-moderately impaired renal function, and patients with a diagnosis of and/or receiving treatment for viral hepatitis were overrepresented in those receiving ATV- versus INSTI-containing regimens (Supplemental Fig. S1C, http://links.lww.com/QAD/B137). Patients with multiple risk factors for cardiovascular disease (e.g., tobacco use, diabetes, hypertension, and dyslipidemia) were overrepresented in those receiving INSTI- versus ATV-containing regimens (Supplemental Fig. S1C, http://links.lww.com/QAD/B137). After applying IPTW, SMDs for all baseline covariates were balanced (i.e., within ± 0.1 [Fig. 2]). A visual examination of the survival functions revealed that the plots for each exposure were parallel and without overlap, confirming that the proportional hazards assumption was met for all comparisons.

Overall mean follow-up time was 13.0 months (range, 9.1 months for INSTIs to 15.1 months for NNRTIs) (Table 2).

Cardiovascular outcomes

Crude incidence rates for MI, stroke, and all-cause mortality with ATV-containing regimens (5.2, 10.4, and 16.0 per 1000 PYs, respectively) were lower than with regimens containing other PIs (10.2, 21.9, and 23.3 per 1000 PYs), NNRTIs (7.5, 15.9, and 17.5 per 1000 PYs), or INSTIs (13.0, 33.1, and 21.5 per 1000 PYs) (Fig. 3).

After IPTW, adjusted hazard ratios (95% CIs) indicated a significantly reduced risk of both MI and stroke with ATV-containing regimens versus regimens containing other PIs (0.47 [0.25–0.88] and 0.51 [0.33–0.78], respectively), NNRTIs (0.63 [0.41–0.96] and 0.70 [0.53–0.91]), or INSTIs (0.47 [0.22–0.97] and 0.53 [0.31–0.90]) (Fig. 3). Hemorrhagic strokes were very uncommon (14 overall, and none in the ATV group); thus, results for stroke largely reflect risk for ischemic stroke and transient ischemic attack. The risk of all-cause mortality was not significantly reduced with ATV-containing regimens versus other comparator regimens.

Sensitivity analyses

To support our primary analysis, a number of sensitivity analyses were performed as outlined in the Supplementary Digital Content section entitled 'Statistical methods for covariate adjustment'. The results of these sensitivity analyses are shown in Supplemental Table S5, http://links.lww.com/QAD/B137. Truncated IPTW, and IPTW with missing data imputed produced HRs that were qualitatively and quantitatively similar to the primary analysis. For the matching weights analysis, results were

qualitatively similar to the primary analysis, but the smaller sample sizes entailed by the use of matching weights resulted in CIs that crossed unity. For the stabilized weights analysis, HRs were qualitatively similar to the primary analysis but significant only for the ATV versus non–ATV comparison for MI and stroke and for the ATV versus other PI comparison for stroke. The doubly-robust and guideline era adjusted analyses showed significant reductions in risk of stroke for ATV versus non–ATV, ATV versus other PI and ATV versus NNRTI comparisons, and significant reductions in risk of MI for the ATV versus non–ATV comparison (doubly-robust analysis) and ATV versus other PI comparison (both doubly-robust and guideline era adjusted analyses).

Discussion

In this population of primarily older males, ATV-containing regimens were associated with an adjusted 54% reduced risk of MI and 36% reduced risk of stroke compared with non–ATV-containing regimens. This significant reduction in MI and stroke risk in the primary analysis was consistently observed across all comparisons between regimens containing ATV and other PIs, NNRTIs, or INSTIs. No between-regimen differences in all-cause mortality were observed. Of note, the non-ATV comparison arm contained mostly contemporary antiretroviral agents, with 75% of the third agents used being either recommended or alternative agents for treatment-naïve individuals from the 2016 guidelines of the Department of Health and Human Services [3]. In addition, this population had a high prevalence of cardiovascular risk factors (i.e., 93% male, 56% black racial origin, 36% receiving antihypertensive therapy, 28% smokers, 25% dyslipidemia treatment, 22% alcohol abuse, 13% diabetes, and 10% history of cardiovascular disease).

Sensitivity analyses largely supported the results of the primary analysis with some differences. The majority of analyses found a significant difference between ATV vs. other PIs for MI and stroke and vs. NNRTIs for stroke (Supplemental Table S5, http://links.lww.com/QAD/B137).

The crude MI incidence rates overall (7.8 per 1000 PYs) and in all arms (5.2–13.0 per 1000 PYs) were higher than those found in previous analyses of VA populations: 3.7 per 1000 PYs in Bedimo et al. [49] and 2.8 per 1000 PYs in Desai et al. [50]. This is likely because these earlier analyses collated data on cardiovascular events solely through the VHA Clinical Case Registry, whereas the current analysis obtained data from multiple sources hosted within the VINCI environment as well as data from the CMS. Therefore, the incidence rates established in the current analysis are likely to be more representative of the true underlying rate in this high-risk population. The overall incidence rate of MI in the current analysis was also higher than in other non-VA populations, such as the D:A:D study, which was 2.3 per 1000 PYs for 1999–2015 [51]. This difference may reflect that the D:A:D study population, with the exception of smoking frequency, had lower proportions of cardiovascular risk factors than the current population (74% male, 7% black racial origin, 9% hypertension, 6% diabetes, and <1% history of cardiovascular disease) [51].

The overall crude stroke incidence rate(16.8 per 1000 PYs) was also higher than those found in a previous VA analysis (11.7 per 1000 PYs [49]) and in the D:A:D study (1.7 per 1000 PYs for 1999–2015 [51]). Of interest, the rate of stroke was also higher than that for MI in the Bedimo et al. [49] VA analysis, whereas it was lower than that for MI in the D:A:D analysis [51]. Taken together, this would suggest a specific cardiovascular

risk profile in VA populations of higher risk of stroke than MI, which requires further investigation.

To the best of our knowledge, the current study is the first to demonstrate a reduced risk of cardiovascular disease events with ATV-containing regimens versus non-ATVcontaining regimens. The D:A:D study did not find a significantly increased risk of cardiovascular events with ATV [29,41], and the CFAR Network of Integrated Clinical Systems (CNICS) cohort found a non-significant trend towards a reduced risk of atherosclerotic events with ATV compared to other PIs (hazard ratio 0.78; 95% CI: 0.42– 1.45) [52]. The data from the current study provide further support to the hypothesis that hyperbilirubinemia-associated delayed cIMT progression [34-36] and reduction in biomarkers [38,40], and indeed hyperbilirubinemia itself [32,53], may be cardioprotective in HIV-infected patients. Three studies that compared atherosclerotic progression as measured by changes in cIMT between ATV/r and various other antiretroviral agents found a slower progression with ATV/r [34-36]. Recent analyses from one of these studies, AIDS Clinical Trials Group (ACTG) A5260s, suggested that the slower progression of cIMT with ATV/r versus ritonavir-boosted darunavir (DRV/r) and raltegravir is mediated by the effect of bilirubin on reduction in lipid and glucose biomarkers, including oxidized lipoproteins, and potentially via its effect on markers of inflammation [40]. Significantly greater reductions in hs-CRP versus DRV/r and in Ddimer versus raltegravir were observed in a separate A5260s analysis [39]. Similar findings were observed in ACTG 5202, in which ATV-induced hyperbilirubinemia was inversely correlated with soluble receptor of tumor necrosis factor-α receptor type II and soluble vascular cellular adhesion molecule-1 [54], and in a prospective observational

study demonstrating reduction in oxidized lipoproteins with ATV/r versus efavirenz, which was correlated with ATV-induced changes in serum bilirubin [38].

In addition to careful selection of antiretroviral agents, multifactorial interventions aimed at reducing cardiovascular risk (e.g., smoking cessation and treatment of hypertension and dyslipidemia) are essential components of cardiovascular risk management in patients with HIV infection. Of concern, there is evidence of therapeutic inertia in this domain, with many HIV-infected patients not receiving optimal management of cardiovascular risk factors during routine clinical care [55-57].

The current analysis has limitations. First, average follow-up times were short (approximately 1 year). Average times to first events were longer than average follow-up times for some antiretroviral comparisons and outcomes (Table 2), which may have led to under-ascertainment of relevant cardiovascular events. The on-treatment nature of the analysis of treatment-naïve patients was chosen to limit the confounding effects of other antiretroviral agents on outcomes of interest, but the trade-off for this cleaner comparison was shorter average follow-up times and smaller sample sizes.

Second, a related concern is the possibility of differential censoring given the small number of events and the large proportion of patients who were censored. Most patients (90–92%) were censored when they discontinued the index regimen. However, given that the average follow-up time was close to a year across all regimens, there was little evidence of differential censoring related to discontinuation. A much smaller proportion of patients (8–10%) were administratively censored at the end of the study period while still on treatment. However, given that this proportion was small and consistent across regimens, differential administrative censoring is also unlikely to have resulted in bias.

Third, although IPTW was used to adjust for selection bias and measured confounders, and appeared to achieve balance for all measured covariates (Fig. 2), as with any observational non-randomized study, the potential for unmeasured confounders and incomplete adjustment for measured confounders cannot be ruled out. For example, on the one hand, multiple cardiovascular risk factors (such as tobacco use, diabetes, hypertension, and dyslipidemia) were more prevalent in patients receiving an INSTI-containing regimen, likely because of channeling bias. On the other hand, abacavir-containing regimens were more often prescribed with ATV than with non–ATV-containing regimens in this population. However, our method of controlling for confounding effectively balanced the observed differences in these measured characteristics.

Fourth, cardiovascular disease events in the VHA are not adjudicated but are based on ICD-9/10 diagnosis and treatment codes, leading to likely under-ascertainment of events and potential misdiagnosis. However, since the VHA is both the provider and payer, billing is tied more closely to treatments than traditional insurance databases, resulting in less likelihood of coding errors or omissions than in other insurance claims analyses. In addition, even if under-ascertainment occurred, this is likely to have affected events associated with other antiretroviral agents as well as ATV. Although this could potentially affect crude incidence rates, it should not impact relative comparisons between regimens.

Fifth, a substantial proportion of patients receiving a diagnosis of HIV infection appeared to have never started a combination ART regimen during the study (13,446/32,370; 42.5%) and were excluded from our analysis. However, previous research has indicated

that up to 56.6% of US veterans may use both VA and non-VA healthcare services [58]. Thus, a proportion of these patients with HIV infection who did not start ART within the VHA may have done so outside of the VHA.

Finally, this analysis could not differentiate between type 1 (atherosclerotic) and type 2 (supply/demand mismatch) MI. Because ATV is hypothesized to specifically impact only type 1 MI, inclusion of both type 1 and type 2 MI within the MI outcome of interest may potentially mask larger treatment differences in type 1 MI. Further longitudinal research using adjudicated type 1 MI events [59] is warranted to address this question.

To conclude, in the US national VHA database, regimens containing ATV were associated with a significantly lower risk for both MI and stroke compared with those containing other PIs, NNRTIs, or INSTIs in our primary analysis. Sensitivity analyses were largely consistent with the primary analysis, although some of them suggested that reduction in risk for MI may only be evident for the ATV versus other PI comparison and that the risk of stroke may only be reduced for ATV versus NNRTIs and other PIs and not INSTIs. Further research is warranted to elucidate the mechanism for the slower progression of atherosclerosis and potential reduced risk of cardiovascular disease events with ATV.

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Table 1. Unadjusted demographic and baseline characteristics.

Characteristic	ATV $(n = 1529)$	Non-ATVa $ (n = 7971)$	Other PI^b $(n = 2053)$	NNRTIc (n = 5307)	$INSTI^{d}$ $(n = 611)$
Age, years	50 ± 9.6	50 ± 10	50 ± 9.4	50 ± 10	50 ± 13
Male	1471 (96.2)	7356 (92.3)	1762 (85.8)	5015 (94.5)	579 (94.8)
Married	101 (6.6)	623 (7.8)	140 (6.8)	419 (7.9)	64 (10.5)
Race/ethnicity					
White	463 (30.3)	2441 (30.6)	600 (29.2)	1627 (30.7) 3078	214 (35.0)
Black	929 (60.8)	4419 (55.4)	1024 (49.9)	(58.0)	317 (51.9)
Hispanic	76 (5.0)	482 (6.0)	125 (6.1)	312 (5.9)	45 (7.4)
Asian	9 (0.6)	64 (0.8)	16 (0.8)	38 (0.7)	10 (1.6)
Other	11 (0.7)	43 (0.5)	7 (0.3)	33 (0.6)	3 (0.5)
Missing	41 (2.7)	523 (6.6)	281 (13.7)	220 (4.1)	22 (3.6)
Body mass index, kg/m ²	26 ± 9.6	26 ± 10.0	25 ± 9.4	26 ± 10.0	27 ± 13.0
CD4 ⁺ cell count,					
cells/mm ³				1401	
<200	441 (28.8)	2119 (26.6)	602 (29.3)	(26.4)	116 (19.0)
200–299	233 (15.2)			869 (16.4)	72 (11.8)
300–399	183 (12.0)	976 (12.2)	183 (8.9)	720 (13.6)	73 (11.9)
400–499	97 (6.3)	633 (7.9)	101 (4.9)	470 (8.9)	62 (10.1)
≥500	194 (12.7)	1154 (14.5)	257 (12.5)	739 (13.9)	158 (25.9)
				1109	
Missing	381 (24.9)	1904 (23.9)	665 (32.4)	(20.9)	130 (21.3)
HIV RNA, copies/mL					
<10,000	505 (33.0)	2371 (29.7)	617 (30.1)	1521 (28.7)	233 (38.1)
10,000–100,000	441 (28.8)	2207 (27.7)	421 (20.5)	1610 (30.3)	176 (28.8)
>100,000	275 (18.0)	1489 (18.7)	366 (17.8)	1015 (19.1)	108 (17.7)

Characteristic	ATV (n = 1529)	Non-ATVa (n = 7971)	Other PI^b $(n = 2053)$	NNRTIc (n = 5307)	INSTId (n = 611)
Missing	308 (20.1)	1905 (23.9)	649 (31.6)	1162 (21.9)	94 (15.4)
eGFR, mL/min	300 (20.1)	1703 (23.7)	047 (31.0)	(21.7)	74 (13.4)
•				1920	
Stage 1, ≥90	477 (31.2)	2332 (29.3)	365 (17.8)	1839 (34.7)	128 (20.9)
Stage 2, 60–89	()	()	(1169	
5 tage 2, 00 09	316 (20.7)	1467 (18.4)	238 (11.6)	(22.0)	60 (9.8)
Stage 3, 30–59	42 (2.7)	156 (2.0)	21 (1.0)	131 (2.5)	4 (0.7)
Stage 4, 15–29	1 (0.1)	6 (0.1)	3 (0.1)	3 (0.1)	0 (0.0)
Stage 5, <15	5 (0.3)	58 (0.7)	24 (1.2)	34 (0.6)	0 (0.0)
Missing				2132	
-	688 (45.0)	3953 (49.6)	1402 (68.3)	(40.2)	419 (68.6)
Comorbid medical diagnoses					
				1173	
Alcohol abuse	358 (23.4)	1728 (21.7)	401 (19.5)	(22.1)	154 (25.2)
Angina	17 (1.1)	102 (1.3)	20 (1.0)	73 (1.4)	9 (1.5)
Bone disease	10 (0.7)	61 (0.8)	13 (0.6)	42 (0.8)	6 (1.0)
Chronic kidney disease	132 (8.6)	655 (8.2)	174 (8.5)	402 (7.6)	79 (12.9)
Diabetes mellitus diagnosis	203 (13.3)	1057 (13.3)	238 (11.6)	707 (13.3)	112 (18.3)
Dyslipidemia					
diagnosis	214 (14.0)	1189 (14.9)	248 (12.1)	790 (14.9)	151 (24.7)
Heart failure diagnosis	34 (2.2)	256 (3.2)	52 (2.5)	171 (3.2)	33 (5.4)
History of CAD/CVD	149 (9.7)	841 (10.6)	185 (9.0)	576 (10.9)	80 (13.1)
Hypertension	700 (040)	2 2 2 3 4 3	(1)	1931	267 (12.7)
diagnosis		2795 (35.1)			267 (43.7)
Illicit drug abuse		891 (11.2)			
Myocardial infarction	9 (0.6)	42 (0.5)	8 (0.4)	31 (0.6)	3 (0.5)
PCI/CABG	2 (0.1)	20 (0.3)	3 (0.1)	16 (0.3)	1 (0.2)
D1	(74 (44 1)	20(0 (27.1)	741 (26.1)	1891	220 (52 7)
Psychiatric disorder					
Stroke	15 (1.0)	89 (1.1)	22 (1.1)	52 (1.0)	15 (2.5)

Characteristic	ATV (n = 1529)	Non-ATVa $ (n = 7971)$	Other PI^b $(n = 2053)$	$ \begin{array}{c} \text{NNRTI}^{c} \\ (n = 5307) \end{array} $	INSTId (n = 611)
				1541	
Tobacco use	432 (28.3)	2247 (28.2)	489 (23.8)	(29.0)	217 (35.5)
Tuberculosis	18 (1.2)	101 (1.3)	26 (1.3)	70 (1.3)	5 (0.8)
Viral hepatitis diagnosis	486 (31.8)	2128 (26.7)	570 (27.8)	1400 (26.4)	158 (25.9)
Concomitant medications					
Abacavir (in index regimen)	319 (20.9)	980 (12.3)	395 (19.2)	453 (8.5)	132 (21.6)
Antidiabetic agents ^e	145 (9.5)	822 (10.3)	177 (8.6)	553 (10.4)	92 (15.1)
Heart failure treatments	79 (5.2)	490 (6.1)	110 (5.4)	332 (6.3)	48 (7.9)
Hypertension treatments	540 (35.3)	2842 (35.7)	608 (29.6)	1969 (37.1)	265 (43.4)
Methadone	30 (2.0)	104 (1.3)	30 (1.5)	68 (1.3)	6 (1.0)
Other dyslipidemia treatment	183 (12.0)	1098 (13.8)	213 (10.4)	751 (14.2)	134 (21.9)
Statins	147 (9.6)	949 (11.9)	171 (8.3)	650 (12.2)	128 (20.9)
Viral hepatitis treatments	139 (9.1)	470 (5.9)	204 (9.9)	235 (4.4)	31 (5.1)

Data are mean \pm standard deviation or n (%).

lopinavir, saquinavir, indinavir, nelfinavir, fosamprenavir, tipranavir, efavirenz,

rilpivirine, nevirapine, raltegravir, elvitegravir, and dolutegravir.

^bOther PI includes darunavir, lopinavir, saquinavir, indinavir, nelfinavir, fosamprenavir, and tipranavir.

^cNNRTI includes efavirenz, rilpivirine, and nevirapine.

^aNon-ATV includes all other study antiretroviral therapies, including darunavir,

^dINSTI includes raltegravir, elvitegravir, and dolutegravir.

^eOral or injectable.

ATV, atazanavir; eGFR, estimated glomerular filtration rate; CABG, coronary artery bypass graft; CAD, coronary artery disease; CVD, cerebrovascular disease; INSTI, integrase strand transfer inhibitor; NNRTI, non-nucleoside reverse transcriptase inhibitor; PCI, percutaneous coronary intervention; PI, protease inhibitor.



Table 2. Observation (follow-up) time and time to event by outcomes of interest and

treatment group.

		O	Observation time (days)		ı	Time to event (days)		
Outcome	Exposure	N	Mean (SD)	Median (Q1, Q3)	n	Mean (SD)	Median (Q1, Q3)	
MI	All ARVs	9500	394 (626)	145 (59, 409)	80 ^a	489 (622)	243 (67, 690)	
	ATV	1529	370 (598)	144 (61, 363)	8	363 (440)	180 (46, 637)	
	Non-ATV	7971	399 (631)	146 (59, 419)	72	503 (640)	250 (77, 690)	
	Other PIs	2053	279 (450)	116 (51, 282)	16	598 (821)	249 (128, 821)	
	NNRTI	5307	459 (704)	161 (61, 511)	50	502 (610)	256 (53, 701)	
	INSTI	611	276 (336)	145 (66, 361)	6	260 (223)	233 (98, 345)	
Stroke	All ARVs	9500	390 (622)	144 (59, 404)	170 ^b	403 (593)	144 (28, 575)	
	ATV	1529	367 (601)	143 (60, 357)	16	163 (215)	72 (18, 280)	
	Non-ATV	7971	394 (626)	144 (58, 416)	154	428 (615)	151 (31, 691)	
	Other PIs	2053	277 (451)	113 (51, 281)	34	249 (323)	104 (31, 357)	
	NNRTI	5307	454 (698)	160 (60, 509)	105	521 (696)	175 (37, 799)	
	INSTI	611	271 (326)	144 (64, 360)	15	186 (284)	41 (8, 289)	
All-cause mortality	All ARVs	9500	397 (630)	147 (59, 413)	190°	501 (632)	204 (70, 698)	
	ATV	1529	373 (604)	144 (61, 364)	25	609 (864)	127 (63, 894)	
	Non-ATV	7971	402 (635)	147 (59, 428)	165	484 (591)	210 (71, 694)	
	Other PIs	2053	282 (455)	116 (51, 284)	37	410 (561)	119 (55, 515)	
	NNRTI	5307	463 (708)	164 (61, 516)	118	523 (616)	270 (88, 722)	
	INSTI	611	278 (339)	146 (66, 365)	10	302 (293)	165 (84, 453)	

N = number of patients in each treatment group; n = number of events in each treatment group.

ARV, antiretroviral; ATV, atazanavir; INSTI, integrase strand transfer inhibitor; MI, myocardial infarction; NNRTI, non-nucleoside reverse transcriptase inhibitor; PI, protease inhibitor; Q1, first quartile; Q3, third quartile; SD, standard deviation.

^a 8692 patients were censored due to a 30-day gap in medication and 728 were administratively censored at the end of study period.

^b 8627 patients were censored due to a 30-day gap in medication and 703 were administratively censored at the end of study period.

^c 8575 patients were censored due to a 30-day gap in medication and 735 were administratively censored at the end of study period.

Fig. 1. Patient selection according to eligibility criteria. ART, antiretroviral therapy; INSTI, integrase strand transfer inhibitor; NNRTI, non-nucleoside reverse transcriptase inhibitor; PI, protease inhibitor; VHA, Veterans Health Administration.

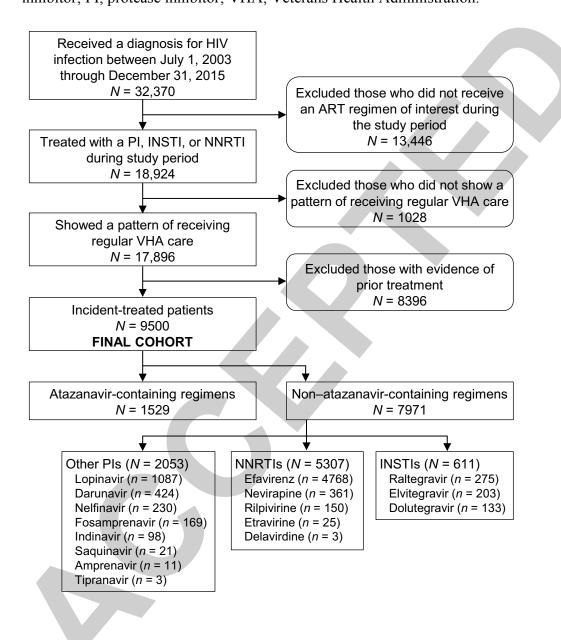


Fig. 2. Baseline demographics: verification that IPT weighting achieves baseline covariate balance between regimens. ATV, atazanavir; CAD/CVD, coronary artery disease/cerebrovascular disease; eGFR, estimated glomerular filtration rate; INSTI, integrase strand transfer inhibitor; IPT, inverse probability of treatment; NNRTI, non-nucleoside reverse transcriptase inhibitor; PCI/CABG, percutaneous coronary intervention/coronary artery bypass graft; PI, protease inhibitor.

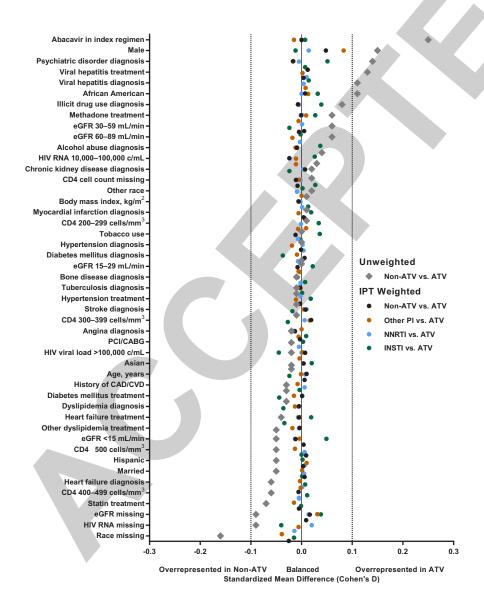


Fig. 3. Unadjusted incidence rates and IPTW adjusted hazard ratios of cardiovascular disease events. ATV, atazanavir; CI, confidence interval; INSTI,
integrase strand transfer inhibitor; IPTW, inverse probability of treatment weighting; MI,
myocardial infarction; NNRTI, non-nucleoside reverse transcriptase inhibitor; PI,
protease inhibitor; PY, person-years.

	Crude Incidence (95% CI) per 1000 PY				
Outcome	ATV	Comparator	IPTW Adjusted Hazard Ratio (95% CI)		
ATV (n = 1529) vs. non-	-ATV (n = 7971)				
MI	5.2 (2.2–10.2)	8.3 (6.5–10.4)	——	0.59 (0.41–0.84)	
Stroke	10.4 (6.0–16.9)	17.9 (15.2–21.0)	——	0.64 (0.50–0.81)	
All-cause mortality	16.0 (10.4–23.7)	18.8 (16.0–21.9)	⊢•	0.90 (0.73–1.11)	
ATV (n = 1529) vs. othe	r PI (n = 2053)				
MI	5.2 (2.2–10.2)	10.2 (5.8–16.5)	-	0.47 (0.25–0.88)	
Stroke	10.4 (6.0–16.9)	21.9 (15.1–30.5)		0.51 (0.33–0.78)	
All-cause mortality	16.0 (10.4–23.7)	23.3 (16.4–32.1)	-	1.00 (0.71–1.41)	
ATV (n = 1529) vs. NNR	TI (n = 5307)				
MI	5.2 (2.2–10.2)	7.5 (5.6–9.9)	-	0.63 (0.41–0.96)	
Stroke	10.4 (6.0–16.9)	15.9 (13.0–19.3)	-	0.70 (0.53–0.91)	
All-cause mortality	16.0 (10.4–23.7)	17.5 (14.5–21.0)	⊢	0.88 (0.69–1.12)	
ATV (n = 1529) vs. INST	TI (n = 611)				
MI	5.2 (2.2–10.2)	13.0 (4.8–28.3)	—	0.47 (0.22–0.97)	
Stroke	10.4 (6.0–16.9)	33.1 (18.5–54.6)	-	0.53 (0.31–0.90)	
All-cause mortality	16.0 (10.4–23.7)	21.5 (10.3–39.5)	-	0.79 (0.48–1.30)	
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