Ms Meaghan Kall
Public Health England
Met and unmet health, welfare and social needs of people accessing HIV services

Findings from Positive Voices survey 2017

Meaghan Kall
Public Health England
on behalf of the Positive Voices study group
No personal funding disclosures

Positive Voices awarded grants from Gilead and ViiV
• >90,000 people accessing HIV services in the UK, vast majority on HIV treatment and undetectable

• People with HIV have a wide range of complex health and social care needs, in addition to their HIV

• Their specific needs, and the extent to which these needs are currently being met is unknown
1. Present national estimates of the met and unmet health and social needs of people accessing HIV services in the UK

2. Explore the areas of greatest unmet need and their contributing factors
Methods

February – September 2017
Nationally representative
  Random sample from HARS
  ~20% patients/clinic
Clinic-based recruitment
  Face to face, post or email
Self-completion
  Paper (87%) or online (13%)
Incentive
  £5 high street voucher
Results:
  73 clinics
  4,418 responses
  51% response rate
Participant characteristics

- **Ethnicity**
  - White
  - BAME (non-white)

- **Exposure Route**
  - MSM
  - Heterosexual
  - Injecting drugs
  - Blood/blood products
  - MTCT

- **Sex**
  - Male
  - Female

- **Age Group**
  - 15-34
  - 35-44
  - 45-54
  - 55-64
  - 65+

- **Residence**
  - Outside London
  - London

*2016 HIV clinic attendees, aged ≥18 resident England and Wales
Met and unmet needs

Three sections

HIV-related services (6)

Health-related services (11)

Social & Welfare services (12)
Defining “Need”:

those who needed this help in the past year
Defining “Unmet need”: those who received this help in the past year, of those who needed it.
Results: What help do you need?

<table>
<thead>
<tr>
<th>HIV-RELATED NEEDS</th>
<th>HEALTH-RELATED NEEDS</th>
<th>SOCIAL AND WELFARE NEEDS</th>
</tr>
</thead>
<tbody>
<tr>
<td>83%</td>
<td>77%</td>
<td>45%</td>
</tr>
<tr>
<td>20%</td>
<td>47%</td>
<td>62%</td>
</tr>
</tbody>
</table>

Percentage of patients with a need

Percentage of needs that were unmet
HIV treatment advice and information

HIV treatment advice

- Not Needed: 39%
- Need: 61%
- Met: 93%

Information about living with HIV (including websites)

- Not Needed: 53%
- Need: 47%
- Met: 87%

Average HIV Clinic Rating: 9.3

- 98% Enough information
- 94% Involved in decisions
- 95% Supported to self-manage
- 96% Enough time at appts
- 97% Staff listen

(P258)
Peer support/social contact with other people living with HIV

Not needed 68%
Need 32%

Met 57%
Unmet 43%

28,000 needed peer support
12,000 with unmet need
HIV RELATED SERVICES
- Peer support
- Disclosure support
- Support managing LTC
- Information - living with HIV
- HIV treatment advice
- Adherence support

HEALTH SERVICES
- Drug detox or maintenance
- Chemsex support
- Stress management
- Smoking cessation
- Alcohol counselling/treatment
- Weight management
- Drug counselling
- Advice regarding sex life
- Psychologist or counsellor
- Home health services
- Family planning

SOCIAL & WELFARE SERVICES
- Loneliness or isolation
- Career skills and training
- Childcare services
- Financial advice
- Employment advice
- Legal advice
- Relationship advice
- Meal or food services
- Immigration support
- Domestic violence services
- Housing support
- Benefit claim support
Drug treatment and Chemsex

Drug detox or maintenance treatment

- Not Needed: 95%
- Need: 5%
  - Met: 40%
  - Unmet: 60%

Chemsex support

- Not Needed: 94%
- Need: 6%
  - Met: 45%
  - Unmet: 55%

Any drugs in past 3 months

- Cannabis
- Nitrates
- Cocaine
- Meth
- Mephedrone
- GHB
- Ecstasy
- Ketamine
- Crack
- Heroin

- MSM reported chemsex in past 3 months
  - 27%
  - 15%
Public Health
England

% NEED

- HIV RELATED SERVICES
  - Peer support
  - Disclosure support
  - Support managing LTC
  - Information - living with HIV
  - HIV treatment advice
  - Adherence support

- HEALTH SERVICES
  - Drug detox or maintenance
  - Chemsex support
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- SOCIAL & WELFARE SERVICES
  - Loneliness or isolation
  - Career skills and training
  - Childcare services
  - Financial advice
  - Employment advice
  - Legal advice
  - Relationship advice
  - Meal or food services
  - Immigration support
  - Domestic violence services
  - Housing support
  - Benefit claim support

% UNMET NEED

- HIV RELATED SERVICES
- HEALTH SERVICES
- SOCIAL & WELFARE SERVICES
Help dealing with loneliness and isolation

- Not needed: 80%
- Need: 20%
- Met 25%
- Unmet need: 75%

No difference by:
- Age
- Sex
- Exposure
- Ethnicity

<table>
<thead>
<tr>
<th>No need</th>
<th>Need</th>
<th>Unmet Need</th>
</tr>
</thead>
<tbody>
<tr>
<td>Main partner</td>
<td>65%</td>
<td>39%</td>
</tr>
<tr>
<td>London resident</td>
<td>47%</td>
<td>53%</td>
</tr>
<tr>
<td>Life Satisfaction (median out of 10)</td>
<td>8</td>
<td>6</td>
</tr>
<tr>
<td>Depression (ever diagnosed)</td>
<td>27%</td>
<td>61%</td>
</tr>
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Positive Voices 2017 outputs

SPRING 2018
Presentations at BHIVA 2018 & AIDS 2018

AUTUMN 2018
Full national report
Community-led report with Positively UK and National AIDS Trust

SUMMER 2018
Clinic-level reports
Local meeting presentations

NOW UNTIL ...
Scientific manuscripts
Research collaborations
Bespoke reports and outputs for stakeholders
Limitations

• Non-response bias

• Self-reporting does not always reflect actual need

• No specific detail on where, when, how services were accessed

• Limited data on why services were not accessed
Conclusions

- Provision of HIV-related services for those who need them is very good
- There are major gaps in the provision of social and welfare services, as well as certain health-related services
- This comprehensive needs assessment provides important data for local commissioners, health service providers and support organisations to identify gaps in service provision and inform the development of service specifications
- Further breakdowns (e.g. by risk-group, lifestyle risk behaviours, geography) are needed to inform advocacy and tailor local response
Thank you!

to all Positive Voices survey participants &

staff at 73 recruiting HIV clinics

Positive Voices Study Group
Dr Richard Gilson (UCL), Dr Anthony Nardone (PHE), Dr Maryam Shahmanesh (UCL), Prof Helen Ward (Imperial College), Prof Graham Hart (UCL), Prof Jane Anderson (PHE), Yusef Azad (NAT), Prof Jonathan Elford (City University), Dr Ann Sullivan (C&W), Dr Cath Mercer (UCL), Dr Alan McOwan (C&W), Jess Peck (NHS England), Prof Jackie Cassell (Brighton and Sussex Medical School), Julie Musonda (UK-CAB), Jane Bruton (NHIVNA), Meaghan Kall (PHE), Dr Valerie Delpech (PHE)